



## 2015 Quad Cities United Winter Academy Training

### What to expect:

- Professional coaching
- 1 training per week
- 5 weeks of training/playing
- Small sided scrimmage at the end of every training session
- No tryouts; everyone is welcome
- FUN!!!
- Dates: Sundays  
February 8<sup>th</sup> thru March 8<sup>th</sup>
- Where: Augustana College, Carver  
Athletic Center Gym

Quad Cities United, the premier soccer club in the area, is proud to be on the cutting edge of player development. As such, we are pleased announce the dates of our winter academy program.

These programs have been made available as a means of offering developmentally appropriate soccer activities. The innovative academy curriculum will maximize involvement and enjoyment from all that participate.

Our academy approach will include significant individual instruction and small-sided games that maximize involvement and contact with the ball! In this way, the enjoyment and “fun” had by the players, as well as the development progress made, is exponentially greater than other formats currently used. Recent studies have shown that academy players touch the ball on average 25 times more than they would playing in other formats, thereby increasing their potential for improvement.

Our program will run 5 weeks beginning on February 8<sup>th</sup> and will conclude March 8<sup>th</sup>. The tuition for a QCU athlete is \$5/session or \$20 for all sessions. The tuition for a non-QCU athlete is \$10/session or \$40 for all sessions. Please refer to the information on the left for additional details.

Please join us in what will be an incredible opportunity for youth players in the QCA!

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Visit us at [www.quadcitiesunited.com](http://www.quadcitiesunited.com)